



WHAT: 2010 Northwest Arkansas Heart Walk

CHAIR: Dante Anderson, VP International Business Systems Implementation, Wal-Mart Stores, Inc.

WHO: Friends, Family & Co-Workers!

WHERE: Arvest Ballpark- Springdale

- Refreshments
- Health Screenings
- Kids Activities
- Sponsor Booths

WHEN: SATURDAY, APRIL 10, 2010

- 9:00 a.m. Festivities Begin
- 10:00 a.m. Walk Begins

WHY: **CARDIOVASCULAR DISEASE IS THE #1 KILLER OF MEN & WOMEN IN ARKANSAS**

The Heart Walk educates the community area of the risk factors of cardiovascular diseases and stroke, and what we can do to prevent it. Funds raised support local medical research and educational programs of the American Heart Association.

HOW: **Shoot for our Walker Goal of \$250** by asking for flat donations (*not pledges*) from friends, family & co-workers. Walkers will have a choice of lengths to walk and are encouraged to walk at their own pace. Participants earn prizes based on the amount of donations raised. .

OUR WEBSITE (heartwalk.kintera.org/NWA) makes it easier than ever to fundraise with the American Heart Association – sign yourself and begin sending e-mails to fundraise online!

Please contact Stephanie Daniels at 479-571-6686 or by email at Stephanie.Daniels@heart.org



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